

How to connect and stay connected with God

We are all God's creation. Our souls should be longing, even aching, to connect with Him. When a person realizes their need for God and asks Him into his or her heart, new questions arise: How do I spend time with God? Can I actually get to know Him? Can I connect with Him like other Christians so proclaim?

We can sing “Oh, How I Love Jesus” and yet enjoy very little reality of His companionship. When you love a person, you want to spend time with that individual. Likewise, you get to know a person through close, intimate fellowship. But how do we spend time with our heavenly Father?

[Here are the 4 main ways to connect with Him and spend time with him](#)

- Reading the Bible every day to yourself
- Regular prayer and Bible study with others
- Regular worship with other believers
- Listening to Christian TV, radio, or devotional and teaching tapes (or podcasts) from people of like precious faith

The habit of starting each day with the Lord devotionally has helped me tremendously. I am consistently learning to practice His presence throughout the waking hours of the day.

[The Secret of getting alone with God](#)

The Quiet Time is not an end in itself. It is meant to develop the habit of starting the day with the Lord and then consciously walking with Him throughout the day. The *amount of time* isn't as important as the *quality of time* because its purpose is simply to initiate the daily walk. I have found that five to ten minutes *locked in* with God is worth more than an hour of drifting in my reading and prayer time.

Personally, I like to spend from 30 minutes to 60 minutes at the start of the day. I like to walk and pray after I have spent time in reading and meditation in the Word. When finished, I don't say, “Goodbye, Lord. I'll see you tomorrow.” Rather, I say, “Lord, let's go. What exciting things are going to happen in my life today?” I find myself communing with God many times during the day.

The goal in the Quiet Time is to get acquainted with our heavenly Father—to enjoy His presence, peace, joy, wisdom, strength, forgiveness, guidance and much more. In a lifetime, we cannot know all there is to know about God, but *we can enjoy His presence every waking moment of the rest of our lives*. This is the *abiding relationship*. God said, “*Never will I leave you; never will I forsake you*” (Hebrews 13:5, NIV).

Jesus said, “I am the vine; you are the branches. If a man remains [abides] in me and I in him, he will bear much fruit; apart from me, you can do nothing” (John 15:5, NIV). It is very important to know that our lives will be empty and fruitless without the Lord.

Remember, we get to know a person by spending time together. All that we know about God is found in the Bible. The Holy Spirit is our Teacher as we read the Bible. Through His living Word, He speaks to us; and through prayer, we speak to Him. It is a dialogue.